

SPECIAL ANNOUNCEMENT

Parishioners who know of **any sick and aged Parishioners** should please leave their **names, contact and location** at the Parish office for visitation.

Thank you.

SPECIAL INVITATION—WUCWO

Under the distinguished patronage of the Apostolic Administrator of Accra, Most Rev. Charles Palmer-Buckle, All women in the Catholic Archdiocese of Accra are cordially invited to this year's **World Union of Catholic Women's Organization (WUCWO) Day Celebration**.

Date: Saturday the 17th of November.

Venue: St. Theresa Catholic church, Kaneshie.

Time: 8 am

Attire: National Council of Catholic Women Cloth

Theme: "Women, Carriers of living water to a world which thirsts for Peace."

Come and let us pray, fellowship, commune, learn, inspire ourselves and radiate hope to others. No challenge or problem is greater than our God!!!

It would be mega and Spirit-filled. The heavens will surely descend and bless our mothers, wives, sisters and friends.

FUNDRAISING DINNER

FUNDRAISING
Dinner
in aid of
THOMAS FRANK ARTHUR MEMORIAL FOUNDATION

Date: 17th November, 2018.
Time: 6:00pm.
University of Ghana Guest Centre, Legon.

Speaker: Mr Kenneth Ashigbe
CEO Ghana Telecoms Chamber

Joseph Komla Nyarku on 244694715

Ghc200.00
TFAFE: Cast into the deep

COMMERCIALS

- ◆ A Parishioner is in need of a 2 bedroom self contained around Kaneshie, Bubuashie, North Kaneshie and its environs. Contact:020-8164535/ 024-4256616

HEALTH CORNER

The benefits of exercise extend far beyond weight management. Research shows that regular physical activity can help reduce your risk for several diseases and health conditions and improve your overall quality of life. Regular physical activity can help protect you from the following health problems.

- ◆ **Heart Disease and Stroke.** Daily physical activity can help prevent heart disease and stroke by strengthening your heart muscle, lowering your blood pressure, raising your high-density lipoprotein (HDL) levels (good cholesterol) and lowering low-density lipoprotein (LDL) levels (bad cholesterol), improving blood flow, and increasing your heart's working capacity.
- ◆ **High Blood Pressure.** Regular physical activity can reduce blood pressure in those with high blood pressure levels. Physical activity reduces body fat, which is associated with high blood pressure.
- ◆ **Noninsulin-Dependent Diabetes.** By reducing body fat, physical activity can help to prevent and control this type of diabetes.
- ◆ **Obesity.** Physical activity helps to reduce body fat by building or preserving muscle mass and improving the body's ability to use calories. When physical activity is combined with proper nutrition, it can help control weight and prevent obesity, a major risk factor for many diseases.
- ◆ **Back Pain.** By increasing muscle strength and endurance and improving flexibility and posture, regular exercise helps to prevent back pain.

KEEPING CLEAN RESTROOMS

A clean restroom is important for any facility. Restrooms are such high-traffic public areas that it's very easy for germs to spread. Study shows 95% of people believe restroom cleaning has an impact on overall public health by helping to prevent diseases from spreading. Here are some reasons why it's important to keep the restrooms in your facility up to standards.

Hygienic restrooms have a positive effect on the Church environment. Good restroom hygiene practices show that you care about your facility. The restroom is a huge factor in how they evaluate the cleanliness of a particular surrounding. It can also make an impression on the kind of people who use the facility.

Regular cleaning, disinfecting, and sanitizing routine can reduce the likelihood of spreading dangerous bacteria and viruses, which, in turn, can help prevent people from becoming ill. However, cleaning tools and equipment can become contaminated, so it's important to use clean or ready-to-use disposable cloths, sponges, and mops to reduce cross-contamination.



ST. THERESA'S CATHOLIC CHURCH

Purity & Love

WEEKLY BULLETIN

32ND SUNDAY IN ORDINARY TIME

11TH NOVEMBER, 2018

POPE'S PRAYER INTENTION FOR THE MONTH OF NOVEMBER, 2018.

IN THE SERVICE OF PEACE:

THAT THE LANGUAGE OF LOVE AND DIALOGUE MAY ALWAYS PREVAIL OVER THE LANGUAGE OF CONFLICT.

PARISH PRIEST

Rev. Fr. Michael Owusu-Ofori
0302 257 357

GA RURAL RECTORATE

Rev. Fr. Christopher Sackey
0243-969866

ASSISTANT PRIEST

Rev. Fr. Winfred Charles Lwanga Tawiah Jr
0302 257 357

GA ODUMASE RECTORATE

Rev. Fr. Pascal Ankamah
0243-345240

SUNDAY MASS

1st Mass: 7.00am
Youth Mass: 7.30am
2nd Mass: 9.30am
French Mass: 10.00am

WEEK DAY MASS

Monday, Wednesday
Thursday 6 am
Saturday 6.30 am
Tuesday & Friday 6.30 pm

OFFICE HOURS

Tuesday-Saturday: 8am-5pm, Sunday: 9am-2pm
Telephone: 030-2257357/ 050-0005252
E-mail: officesttheresa2014@gmail.com
Facebook: St. Theresa's Catholic Church
P. O. Box KN 146. Kaneshie- Accra
Website: www.minibasilica.com

ARCHDIOCESAN COUNCIL OF CATHOLIC WOMEN- ACCRA



WUCWO

DAY CELEBRATION

HIGHLIGHTS:

- Route March
- Talk on the Theme
- Prayer Session
- Visit to Nsawam Female Prison

SPEAKER

Rev. Fr. Emmanuel
Teresa Obeng Codjoe

Theme: **WOMEN, CARRIERS OF LIVING WATER TO A WORLD WHICH THIRST FOR PEACE.**

DATE: Sat. 17th Nov.2018 TIME 8:00am VENUE: St. Theresa Parish, Kaneshie

**REFLECTION:
DARING ACT OF FAITH IN GOD'S PROVIDENCE**



**READINGS FOR TODAY
SUNDAY NOVEMBER 11, 2018.**

The poor woman in contrast with the rich, in the gospel reading, in a daring act of faith in God's providence, put into the treasury everything she had. She had two small coins. She put in both. She could have kept one for herself. But the service of God can never be in half measures. The first reading from the first book of Kings has a similar story.

A poor widow and her son, reduced to absolute neediness is on her way to get firewood to cook a last meal for them both from a little meal and oil-all that she has left. She sees nothing but death before them. Then Elijah, the prophet, himself hungry, comes and asks her for water and bread. When she tells him her situation, he still asks her to make a small scone for him.

In a generous act of sharing, the widow does what was told by the Prophet and she is rewarded by there being enough for all three of them and the jar of oil does not go empty until the drought is over. This gives us the revelation that Jesus Christ is the only real source of security in which we find the happiness, peace and security we long for.

Indeed money, property, university degrees, professional statutes, or health are important. However, these do not really mater. These can all disappear in a twinkle of an eye without warning. What really matters is that people take care of each other. What matters is not what we have or what we can get: not what people think of us. What matters is that we be fully, freely and truly our real selves before God and before others.

God gave all he had for love of humanity. Christ gave all of Himself to undergo death for our sake. He did away with our sins, sacrificing Himself (Second reading). We must let go of everything to give ourselves totally into His hands with the sure conviction that He will give us the support we need.

May God be our strength always.

1ST READING: 1 KINGS 17:10-16
Through Elijah, a widow and her son are blest with enough flour and oil to supply them for a year.

RESPONSORIAL: PSALM 146: 7,8-9,9-10
PRAISE THE LORD, MY SOUL!

2ND READING : HEBREW 9:24-28
Christ died once to take away sin; he will return again to bring salvation.

GOSPEL: MARK 12: 38-44
Jesus notices a poor widow's offering and commends her great sacrifice

COLLECTION FOR LAST SUNDAY NOVEMBER 4, 2018.

MAIN COLLECTION	GH¢ 4,338.60
THANKSGIVING	GH¢ 18,826.00
TOTAL	GH¢ 23,164.60

COMPOUND CLEANING SCHEDULE

DATE	SOCIETY
Sat. 17th Nov.	Catholic Charismatic Renewal
Sat. 24th Nov.	COSRA
Sat. 1st Dec.	Francophone Community
Sat. 8th Dec.	STHEYA

OFFERTORY & BIDDING PRAYER SCHEDULE

DATE	1ST MASS	2ND MASS
SUN. 11th Nov.	Trinity Northern Catholic Society	Legion of Mary
SUN. 18th Nov.	St. Michael Ewe Union	Catholic Men Association
SUN. 25th Nov	125TH ANNIVERSAY CLIMAX MASS AT BLACK STAR SQUARE	
SUN. 2ND Dec.	St. Francis of Assisi Nigerian Community	Sacred Heart of Jesus Confraternity.

125TH ANNIVERSARY CELEBRATIONS- UPCOMING

- ♦ **23rd November, 2018:** Candle light Processions and vigil Mass at Parish level.
- ♦ **25th November, 2018:** 125th Anniversary Climax Mass at the Black Star Square. Bus will be made available to transport Parishioners from the parish to the Black Star Square at 6.45am prompt.

APPRECIATION

- ♦ **Catholic Organization for Social & Religious Advancement (COSRA),** Kaneshie Deanery are grateful for the support and turnout during the blood donation exercise. Your efforts to help save lives will never go in vain. God richly bless you all.
- ♦ **The Planning Committee and the PYC** is ever grateful to the entire Parish Community for the love and generosity you have shown and continue to show towards the Youth harvest.

May God bless you and make you dwell in abundance

There are tables outside to facilitate redemption of pledges. God bless you once again.

FUNERAL ANNOUNCEMENTS

DECEASED: Mr. George Nii Agyiri Quarshie, a parishioner. Funeral arrangements are as follows:

Burial Mass: Friday, 30th November, 2018 at St. Theresa Catholic Church, Kaneshie at 9am. File past begins at 8am. Internment at the Awudome Cemetery.

Funeral rites continuous at the family house No 27 Mamprobi, opposite kojo Ababio V Cluster of Schools.

Thanksgiving Mass: Sunday, 2nd December at St. Theresa Catholic Church, kaneshie at 9.30am. Final funeral rites continuous at the family house No 27 Mamprobi, opposite kojo Ababio V Cluster of Schools

DECEASED: Mrs. Josephine Seshie. Funeral Arrangements are as follows:

Wake Keeping: Friday, 7th December, 2018 at the family house Ave- Dakpa

Burial Mass: Saturday, 8th December, 2018 at the Catholic Church, Ave- Dakpa. Internment at Catholic Cemetery Ave-Dakpa

DECEASED: Madam Joana Adwoa Attah Tetteh, a parishioner.

Funeral arrangements will be communicated in due time

All are cordially invited to mourn with the families

125TH ANNIVERSARY PRAYER

O Almighty and Eternal God, Divine Architect and Cornerstone of our salvation, as we celebrate 125 years of the Catholic Mission in Accra, we give You thanks for the lives of all the early Missionaries, Priests and Lay faithful whose sacrifices have brought our Church this far.

We pray you look with favour upon our Community of Faith, now the Catholic Archdiocese of Accra. Increase the gifts you have given to our Church so that we, your faithful People Religious and Clergy, Women and Men, Youth and Children may grow in holiness of life and be truly ardent disciples of Your Son, Our Lord and Saviour Jesus Christ.

Inspire us anew with a greater outpouring of the Holy Spirit, and fill us with renewed zeal for the universal Church's new evangelization mission here in our Archdiocese and beyond.

May the Holy and triune God be our pillar of strength, our inspiration and our guide in the years ahead, through Christ our Lord and Redeemer. Amen.

- Immaculate Heart of Mary, Pray for us.**
- St. Peter Claver, Pray for us**
- St. Martin de Porres, Pray for us.**
- All you Holy Martyrs of Uganda, Pray for us.**
- All you Angels and Saints of God, Pray for us.**

MASS DISTRIBUTION CAMPAIGN 2018

The National Malaria Control Programme of the Ghana Health Service is organizing a National Long Lasting Insecticide Treated Net Point Mass Distribution Exercise.

The initial pre-registration of households in the sub-metro has already began in the various houses and will end tomorrow Monday the 11th of November, 2018.

The Mass distribution of Nets to pre-registered people will take place from the 22nd to the 28th of November, 2018.

ANCHOR OF HOPE CALLING

Anchor of Hope Society will meet today after 1st Mass. All members are to take note and new members are welcomed.