

## MEETINGS

- ◆ The **Lectors' Group** meets every Wednesday at 6.30pm prompt. Ga and Ewe readers are especially invited.
- ◆ **St. Anthony's Guild** meets at 5:30pm on Tuesdays
- ◆ **Catholic Women** will meet today after 1st Mass. New members are invited
- ◆ **Stheya** will meet next Sunday after 1st Mass
- ◆ **Sacred Heart Confraternity** will meet today after 2nd Mass
- ◆ **Nigerian Community (St. Francis of Assisi)** will meet today after 1st at the Hall

## BURIAL FOR THE LATE ISAAC AMOAKO ATTA

Burial and funeral rites are as follows:

There will be no wake-keeping

**Sat. March 12, 2016:** Filing past at St. Theresa's Catholic Church at 7am followed by burial Mass at 8am

**Sun. March 13, 2016:** Thanksgiving Mass at St. Theresa's Catholic Church at 9:30am

He was a parishioner, a member of the Welfare Committee, St. Gabriel's Guild, Knights & Ladies of St. John Int. and husband of Mrs. Iris Amoako Atta

**May his soul rest in peace. Amen.**

## COMPANY'S ADVERTISEMENT

The Historical and Brochure Committee for the Jubilee Anniversary respectfully invites parishioners who own businesses to provide their business contacts, addresses and profiles to be published in the anniversary brochure which is about to go into print.

The Church is giving an opportunity for business' owners to advertise in the brochure at a heavily subsidized/discounted rate. This will expose your business to parishioners who may be in need of it or this will introduce your business to parishioners and to the public. Kindly provide the information as below:

- ◆ Name of Business
- ◆ Business address/location
- ◆ Contact number
- ◆ Type of Business

**Cost of full page:** Ghc2,000.00

**Half page:** Ghc1,000.00

**Quarter page:** Ghc500.00

## CATHOLIC HEALTH WORKERS RETREAT

The National Catholic Secretariat in collaboration with Quality Insurance Company is organizing a one-day fully sponsored prayer retreat for all Catholic Health workers under the theme "**Be Merciful like the Father**"

**Date:** Saturday 12th March, 2016

**Venue:** Franciscan Valley of Prayer and Silence, Saltpond

All interested Catholic Health Workers (Doctors, Nurses, Pharmacists, Dentists, Physiotherapists, etc) should contact QIC on **050-1409463**

## ALNIGHT! ALNIGHT!! ALNIGHT!!!

CCR Intercessory Ministry in conjunction with St. Theresa's Parish presents Pray Ghana Project on the theme "**The Righteous must also cry**" (Ps. 34:17)

**Speaker:** Mr. Charles Antwi Konadu

**Date:** Friday 18th March, 2016

**Time:** 9:30pm

**Venue:** St. Theresa Church, Kaneshie

**All are invited to join the prayer summit**

## THE YEAR OF MERCY PRAYER

**The Year of Mercy logo**

"MERCIFUL LIKE THE FATHER" (LUKE 6: 36)

**The almond shape**  
An important figure in ancient iconography, it represents the union of two circles, that is the two natures of Christ: divine and human.

**The motto**  
The motto of the Year of Mercy is taken from the Gospel of Luke: "Be merciful like the Father"

**The colors**  
Red: blood, life and diversity  
White: the light of Christ  
Blue: represents man  
Golden: Adam (and each one of us) is in a process of becoming like God through Jesus Christ.

**The gaze**  
Jesus and the man share one eye. This means that God communicates himself in such a way that man is able to see as He sees.

**The Good Shepherd**  
Jesus is the Good Shepherd who carries Adam (and all of us) on His shoulders.

**The concentric ovals**  
They suggest the movement of Christ who carries humanity out of the night of sin and death.

"GOD'S MERCY IS LIKE THAT: A GREAT LIGHT OF LOVE AND TENDERNESS" (POPE FRANCIS) CatholicLink

## HEALTH CORNER - BENEFITS OF FRUITS

Fruits have been recognized as a good source of vitamins and minerals, and for their roles in preventing vitamin C and vitamin A deficiencies. People who eat fruits as part of an overall healthy diet generally have a reduced risk of chronic diseases. .

Fruits are important source of many nutrients, including potassium, fiber, vitamin C and folate (folic acid). Try incorporating blueberries, citrus fruits, cranberries or strawberries which contain phytochemicals that are being studied for added health benefits.

The nutrients in fruits are vital for health and maintenance of your body. The potassium in fruits can reduce your risk of heart diseases and stroke. Potassium may also reduce the risk of developing kidney stones and help to decrease bone related complication as you age. Folate (folic acid) helps the body form red blood cells. Women of childbearing age who may become pregnant and those in the first trimester of pregnancy need adequate folate. Folate helps prevent neural tube birth defects, such as spina bifida.

Eating a diet rich in fruits may reduce risk for stroke, other cardiovascular diseases and type-2 diabetes. A fruit-contained-eating pattern is part of an overall healthy diet culture and may protect against certain types of cancer.



## ADDRESS

Nantu Link B872/7,  
Awudome Street  
P. O. Box 146, Kaneshie  
Accra.

**Website:**  
www.minibasilica.com

## MASS SCHEDULE

**Mornings (6:00am):**  
Monday, Wednesday  
Thursday and Saturday.

**Evenings (6:30pm):**  
Tuesday & Friday

## SUNDAY MASSES

1st Mass 7:00am  
2nd Mass 9:30am  
Youth Mass 7:30am  
French Mass 9:30am

## OFFICE HOURS / CONTACTS

Monday-Saturday: 8am-8pm  
Sunday: 9am-2pm

**Office Lines:** 0302227027, 0302257357,  
0504-187661

**Cell:** 0248-630404, 0246-858376

**E-mail:** officestheresa2014@gmail.com



## ST. THERESA'S CATHOLIC CHURCH

*Purity & Love*

## WEEKLY BULLETIN

## 4TH SUNDAY OF LENT (LAETARE SUNDAY)

SUNDAY MARCH 6, 2016



**FIRST READING: JOSHUA 5:9, 10-12**

The 1st Reading talks about how the Israelites celebrate the Passover in the promised land

**RESPONSORIAL: PSALM 34:2-3, 4-5, 6-7**

**TASTE AND SEE THE GOODNESS OF THE LORD**

**SECOND READING: 2 CORINTHIANS 5:17-21**

St. Paul preaches about our reconciliation with Christ

**GOSPEL: LUKE 15:1-3, 11-32**

In the Gospel, Jesus teaches about forgiveness using the parable of the Prodigal Son

## PRIESTS

V. REV. FR. JOHANNES MINTAH-MENSAH: **0208-115860**

REV. FR. RICHARD AKROFI BAAFI: **0244-850314**

## GA RURAL RECTORATE

REV. FR. CHRISTOPHER SACKEY: **0243-969866**

REV. FR. ALPHONSE BULLORO: **0208-513145**

## GA ODUMASE RECTORATE

REV. FR. PASCAL ANKAMAH : **0243-345240**

**CONFESSION: SATURDAY 5:00 PM—7:00PM // INFANT BAPTISM: 3RD SATURDAY OF EVERY MONTH**

**BASIC CHRISTIAN COMMUNITY (BCC): Every Thursday at 6:30pm**

**HOLY HOUR: Every Thursday preceding first Friday of the month at 6:30 pm**

**EXPOSITION AND ADORATION: Every first Friday of the month from 6:00am—6:00pm**

**GROTTO DEVOTION: First Saturday of every month at OLA, New Achimota at 2:30PM**

**ARE YOU SICK OR BEREAVED? CONTACT THE FOLLOWING: 0302227027/0208159454**

**New Parishioners: You are warmly welcome to St. Theresa Catholic Church, please see a Priest or call the Parish office on 0302227027/0504-187661**

## THE PRODIGAL SON

**W**e are all sinners and in one way or the other do offend God. It is very important to accept our mistake And be determined to correct our wrongdoings. The prodigal son returned home seeking his father's forgiveness. He was forgiven and restored to life. This called for celebration.

It was a call for celebration because the father had reunited with his lost son, for was dead and now had come back to life." But the jealous elder brother did not understand the feelings of the father, and the love of the father for his sons. This is the mystery of God's love. The Lord is always there for us in good or in bad times, for his mercy is without end.



## FORGIVEN AND RESTORED

**T**urning away from God, there is destruction, death and wretchedness; returning towards the Lord, there is joy, life and blessedness! Today, we can all feel sorry for the wretchedness which the first son plunges himself into: slipping from being son of a rich landlord to becoming a hungry laborer; from being a son of Abraham to becoming an unclean Gentile. For us who are youth, is it the case that we think we can make it without the least parental counsel and supervision? Are we in any way by extravagant lifestyle, reckless behaviour, neglect of support systems, excessive drinking, undesirable friends, etc., wasting the blessings and resources of youth and a bright future? How often don't we too turn away from the Lord and chase after the options that seem so promising, liberating, joyful and a lucrative option-drunkenness, easy life, adultery, but which in the end destroy the God-given health, peace of mind, and goodness that He so lavishly grants? We must come to our senses lest we perish.

The Father's behaviour is a clear confirmation of the fact that God allows U-turns. He forgives, forgets, and restores. How consoling for us sinners to learn that God, like the merciful father and unlike the elderly son, neither condemns nor writes anyone off. He is always there to bid us welcome, to forgive and to restore us the moment we return to our father's house (repent). If we need forgiveness from God, we must renounce and come down from high places of self-righteousness and confess plainly that we have sinned. Remember, we cannot claim anything from God as a matter of justice or right. Sometimes, what is holding back the peace of mind, healing, joy, success, etc. that we seek is our sinful and wayward direction of life.

There is no time to blame God and others. If we are ready to give up our old ways of life, and to meet the Lord on the road to new life then we can be sure that we will reach our homeland safely with God. Family members, friends, churches, leaders in general etc. can and should facilitate the return, pardon and restoration of weak and lost ones. Be merciful, like the Father (Lk 6:36)! Whom have you to give a second chance?



## DAILY READINGS FROM MAR. 7— MAR. 12, 2016

Mon Mar. 7	<b>Is.</b> 65:17-21; <b>Jn.</b> 4:43-54	<b>Ps.</b> 30:2 & 4, 5-6, 11-12 & 13;
Tue Mar. 8	<b>Ez.</b> 47:1-9, 12; <b>Jn.</b> 5:1-16	<b>Ps.</b> 46:2-3, 5-6, 8-9;
Wed Mar. 9	<b>Is.</b> 49:8-15; <b>Jn.</b> 5:17-30	<b>Ps.</b> 145:8-9,13-14,17-18;
Thurs Mar. 10	<b>Ex.</b> 32:7-14; <b>Jn.</b> 5:31-47	<b>Ps.</b> 106:19-20, 21-22, 23;
Fri Mar. 11	<b>Wis.</b> 2:1, 12-22; <b>Jn.</b> 7:1-2, 10, 25-30	<b>Ps.</b> 34:17-18, 19-20, 21 & 23;
Sat Mar. 12	<b>Jer.</b> 11:18-20; <b>Jn.</b> 7:40-53	<b>Ps.</b> 7:2-3, 9-10, 11-12;

### OFFERTORY FOR LAST SUNDAY FEB. 28, 2016

MAIN COLLECTION	GH 4,846.40
JUBILEE COLLECTION	GH 2,075.00
<b>TOTAL</b>	<b>GH 6,921.00</b>

### 5TH SUNDAY OF LENT (NEXT SUNDAY 13-3-16)

FIRST READING:	ISAIAH 43:16-21
RESPONSORIAL:	PSALM 126:1-2, 2-3, 4-5, 6
SECOND READING:	PHILIPPIANS 3:8-14
GOSPEL:	JOHN 8:1-11

### PRAYER OF THE FAITHFUL & OFFERTORY PRESENTATION

#### NEXT SUNDAY (MARCH 13, 2015)

1ST MASS: STHEYA

2ND MASS: ST. GABRIEL'S GUILD

### LETS PRAY FOR THE FOLLOWING SICK AND AGED PARISHIONERS

MR. ANDREW BAAH	MR. FRANCIS BAFFOE
MRS. CECILIA SENAYA	MR. JOHN ASANTE
MRS. GRACE MAHAMA	MR. JOSEPH ANOWIE
MAD. CHRISTIANA ERBYNN	MR. ATHANASIUS EDDOH
MR. ANTHONY INTERKUDZI	MAD. MARY NEEQUAYE
MAD. PHILOMENA ATANLEY	MRS. AGNES COCH
MR. ANTHONY ODURO	MR. NEEQUAYE-AMON
MRS. GEORGINA TAYLOR	MR. EDWARD ABOAGYE
MRS. PAULINA ADDOTEVI AKUE	MRS. KOBI-FORDAH
MAD. ROSEMOND SEDDOH	MRS. SEDAY AFAGBEJI
MRS. AGNES DE-GRAFT	MAD. ESTHER AMOAH
MR. A.NTHONY KYEI-MENSAH	MR. JOHN EKOW AFFUL
MRS. M. DEKOLADENU	MRS. MARY ASANTE
MRS. JUSTINA JACKSON	MR. J. R. MALM
MRS. REJOICE AMOAH	CAPT. AMPOFO

## LITURGICAL CORNER

### 4TH SUNDAY OF LENT—2016

#### THEME: FAST SO OTHERS MAY FEAST

DAY	PROGRAMME/THEME	ACTIVITY	IN ATTENDANCE
<b>MONDAY</b> 7TH MAR. 16	SOBER REFLECTION	BREAKING OF FAST (REFLECTION) & MASS @ 6PM	ST. THERESA CHOIR
<b>TUESDAY</b> 8TH MAR. 16	HOLINESS AND JUSTICE	BREAKING OF FAST (SCRIPTURE SHARING) & MASS @ 6PM	HOLY FAMILY
<b>WEDNESDAY</b> 9TH MAR. 16	LUKE 10:25-37	BREAKING OF FAST (REFLECTION) & MASS @ 6PM	IMMACULATE HEART OF MARY CHOIR
<b>THURSDAY</b> 10TH MAR. 16	CHANGE AND RENEWAL	BREAKING OF FAST (REFLECTION) & MASS @ 6PM	HARP OF DAVID MUSIC MINISTRY
<b>FRIDAY</b> 11TH MAR. 16	FACE OF MERCY PRAYER	STATIONS OF THE CROSS & MASS @ 6PM	COSRA

Lent is about cleansing, self-denial, spiritual growth, conversion and simplicity. We are being called upon to partake in the corporal works of mercy, therefore let us all during this Lenten season fast so that others can feast.

**Note:** in view of the Lenten Season all Masses will be in the evenings except Saturdays which will be in the morning

### UPCOMING JUBILEE ACTIVITIES

MARCH	-	OFFICIAL OUTDOORING OF THE ANNIVERSARY CLOTH
SUN APRIL 3	-	TRADITIONALS GA & NIGERIAN SUNDAY
SUN APRIL 10	-	EWE & FRANCOPHONE SUNDAY
SUN APRIL 17	-	NORTHERN SUNDAY
SUN APRIL 24	-	AKAN SUNDAY

### THE RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

Catechism classes for Baptism, First Communion and

Confirmation have began. The ff are the schedule and venue for the classes

- ♦ **Baptism and First Holy Communion for children**  
**Day:** Saturdays at 8:00am  
**Venue:** Beneath the Parish Hall
- ♦ **Baptism/First Holy Communion/Confirmation and for adults**  
**Day:** Sundays at 3:00pm  
**Venue:** Conference Room  
Interested people are welcome
- ♦ **Confirmation for children**  
Time: 3:00pm every Sunday  
Venue: Parish Hall, first floor

Contact: **020-8001234/020-8154595** for registration and further details

### LAITY GENERAL MEETING

All societal Vice Presidents will meet the Laity Council convener today after 1st Mass at the Parish Hall.

### YOUTH CORNER: WORLD YOUTH DAY 2016

The Kaneshie Deanery Catholic Youth Council presents World Youth Day celebration dubbed "**Blessed are the Merciful, for they shall obtain Mercy**" (Matt. 5:7).

**Date:** Saturday 12th March, 2016

**Venue:** St. George Catholic Church, Tesano

**Time:** 8:00am—5:00pm

**Activities include:** Mass, Adoration, Confession, Catechesis, funfair etc.

There will be a float from St. Charles Lwanga Parish, Abeka to St. George Parish, Tesano

Don't be a dropout.

### CATHOLIC YOUTH.....POWER IN ACTION

### ST. VINCENT DE PAUL LENTEN VISITATION

The Society of St. Vincent De Paul will visit St. Paul's Seminary, Sowutuom on Saturday 19th March, 2016. They are pleading with parishioners to donate non-perishable food items or cash for presentation to the seminarians. All items are to be deposited at the Parish office